



M&S Water Services
Chiltern Youth Football League

SILENT FOOTBALL SUNDAY

Sunday 24th March 2019



#MakeTheGame



Imagine a football match where the players play the way they want, making their own decisions, choosing **their** own tactics as a team, and playing free from any pressure to make their choices!

The Chiltern Youth Football League would like to introduce a “Silent Football Sunday”. A silent Sunday to help promote Respect in Youth Football and raise the awareness of the need to create a positive and pressure-free environment, where the players needs come first over the results.

On **Sunday 24th March 2019**, will involve everyone (managers, coaches, parents, and spectators) adhering to the Silent Football Code of Conduct, where the players play without verbal contact throughout the game, thus allowing the children to enjoy football and learn to love and develop their game without added pressure.

The Managers, Coaches, Parents and Spectators should only applaud both the teams so that players are encouraged and allowed to make their own decisions.

Ahead of the weekend, the CYFL will issue a Code of Conduct and guidelines as to the expectations from the day, which we will hope that clubs will adopt and adhere to on the day. We would ask that parents and officials are made aware of the initiative and the CYFL will have committee members walking pitches to observe and feedback on how the initiative impacts behaviour on the day.

We hope with your support you will encourage clubs to take part and spread awareness of this fantastic initiative

#CYFLSILENTSUNDAY



Feedback from previous initiatives held on other leagues and Counties

“Boys much happier when left alone to play football away from pushy parents' comments.”

- A parent's perspective on last season's Silent Weekend

“We talked more as a team”

- A child's perspective on last season's Silent Weekend

“It's good to see the silent weekend as the boys do communicate better between each other”

- A coach's perspective on last season's Silent Weekend

**QUET
PLEASE**

#CYFLSILENTSUNDAY

Code of Conduct Silent Football.



- All Parents and Spectators should refrain from any shouting or direct communication with players.
- Parents and Spectators should refrain from shouting, “advising” and or questioning the referees.
- Parents and Spectators should refrain from “advising” and or questioning the Managers and Coaches.
- Managers and Coaches are encouraged to give clear instructions to the players before the game starts and utilise half time to communicate to the players positively.
- Either the Team Coach or Manager will be allowed to give minimal instructions to the team from the side-lines. Not Both.
- Managers and Coaches **MUST** stand on the opposite side of the pitch to the Parents and Spectators.
- Club Assistant Referee is **NOT** permitted to give instructions to players whilst acting as the Lines Person.
- Applause / Cheer both teams during the game when a goal is scored by either team.



RESPECT

[#CYFLSILENTSUNDAY](https://twitter.com/CYFLSILENTSUNDAY)

What we would like to see on Silent Football Sunday



- Coaches/managers to stand in the coaching areas during the game.
- Parents/spectators to remain behind the Respect lines/barriers at all times.
- Coaches/managers only communicate when **absolutely** necessary.
- Spectators voices to be limited to a quiet discussion between themselves.
- Parents/spectators to refrain from offering any coaching advice or instructions to players/ coaches/ managers or the referee.
- Share the Code of Conducts with all your coaches, managers, parents and spectators.
- Share your support on social media. **#CYFLSILENTSUNDAY**



Frequently Asked Questions

What are coaches supposed to do if they cannot communicate?

- Coaches are encouraged to give clear instructions to players before the game starts, take notes during the game and utilise half time or designated stoppage time to communicate to players positively.
- Either the Team Coach or Manager will be allowed to give minimal instructions to the team from the side-lines. Not Both.

What happens if parents/spectators don't follow the Code of Conducts?

- We hope with your support you will encourage your clubs, managers/coaches, parents and spectators to take part and spread awareness of this fantastic initiative.

How will you know if Silent Football Sunday has been successful?

- Research will be carried out where clubs will be asked for feedback on how Silent Football Sunday was and views from the players.

The management committee of the Chiltern Youth Football League hope that all managers, officials, parents and spectators support the initiative on **Sunday 24th March 2019** and that the only voices that we hear are those of the players, who are enjoying the simple joy of playing the game that we all love!

We do only
Positive.



FIND OUT MORE >



RESPECT